



St. Anthony's Catholic Primary School and Nursery

Saint Anthony's Catholic Primary School and Nursery.

Diocese of Northampton

St. Thomas Catholic

Academies Trust

19th May 2021

Issue 62

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Gospel Reflection



In our worship this week we focused on the importance of prayer in our lives. The children shared when they pray and why they pray - to talk to God and to share what they are thankful for, sorry for and hopeful for. We linked prayer to our Gospel from Sunday, which was from John's Gospel, where Jesus is praying to God, praying for His friends, to give them courage after He is gone from the world and in Heaven. The children thought about how they could pray for their friends, but also how God is a friend to us; we can confide in Him and we should share our worries, hopes and dreams with Him.

Over the course of this week, the children have been challenged to compose a prayer for their friends, to show how much they care for them.

God bless

Mrs Oppe

Word of the Week



John 17:11-12

And now I am coming to you; I am no longer in the world, but they are in the world.

Holy Father! Keep them safe by the power of your name, the name you gave me, so that they may be one just as you and I are one.

This week at St. Anthony's



For well being week, Year 2 went bare foot walking and tree hugging.







Year 4 did some work on circuits last week. They were investigating materials that could be used to make a switch.



Star of the week for week ending 7th May



CLASS	Name
Nursery	David T
Reception Noah	Thando/Bernie
Reception Abraham	Anthoni
1 Mark	Jack
1 Ruth	Adam K
1 Moses	Ayrton
1 Joshua	Melsh
2 Gideon	Kevin
2 David	Emilia
3 Daniel	Alicja
3 Jonah	Zuzanne
3 Esther	Nia-Marie
Eden	Chantelle
4 Magdalene	Nirmaan
4 Elizabeth	Robert S
4 Baptist	Igor K
5 Luke	Wiktor
5 Peter	Amreet S
5 Matthew	Nikodem M
6 Catherine	Vanessa M
6 Paul	Aleksandra Z
6 John	Ian

Nursery & Reception



Now is the time to apply for Nursery spaces. Our Nursery is thriving and we have an excellent team of dedicated staff. We have spaces for 30 hours and are exploring our options for two year-old spaces. Please contact the school office for more information, or to express your interest for two-year old spaces.

We also still have some spaces left for Reception commencing September 2021. If you are interested or know somebody who is, please contact the school office as soon as possible.

Lunchboxes

FOR A HEALTHY LUNCHBOX **PICK & MIX** SOMETHING FROM EACH GROUP 1-6!

FRUIT 1	VEGETABLES 2	MILK, YOGHURT AND CHEESE 3	MEAT OR MEAT ALTERNATIVE 4	GRAIN AND CEREAL FOOD 5	WATER 6
FRESH FRUIT <ul style="list-style-type: none"> Apple Banana Mandarin Orange quarters Pasteurised halves (with spoon) Watermelon, honeydew, rockmelon chunks Pineapple chunks Grapes Plums Nectarines, peaches, Apricots Strawberries Cherries Kiwifruit halves (with spoon) Pear MIXED FRUIT <ul style="list-style-type: none"> Fruit salad Fruit kebabs DRIED FRUIT <ul style="list-style-type: none"> Dried fruit, nut, popcorn mixes* TINNED FRUIT/SNACK PACKS/CUPS <ul style="list-style-type: none"> In natural juice (not syrup) 	FRESH CRUNCHY VEGES <ul style="list-style-type: none"> Corn cobs Carrot sticks Capsicum sticks Green beans Cucumber sticks Celery sticks Snow peas Tomatoes (e.g. cherry and Roma tomatoes) Mushroom pieces Can serve with either: <ul style="list-style-type: none"> Hummus Tomato salsa Tzatziki Beetroot dip Natural yoghurt SALADS <ul style="list-style-type: none"> Coleslaw and potato salad (reduced fat dressing) Mexican bean, tomato, lettuce and cheese salad Pesto pasta salad* BAKED ITEMS <ul style="list-style-type: none"> Grilled or roasted vegetables Wholemeal vegetable muffins or scones Vegetable slice (with grated zucchini and carrot) Popcorn SOUP (in small thermos) <ul style="list-style-type: none"> Pumpkin soup Rotato and leek soup Chicken and corn soup 	<ul style="list-style-type: none"> Milk Calcium-enriched soy and other plant-based milks Yoghurt (frozen overnight) Custard Tip: <ul style="list-style-type: none"> Freeze the night before to keep cool during the day <ul style="list-style-type: none"> Cheese cubes, sticks or slices Cottage or ricotta cheese Cheese cheese Tofu dip Can serve with either: <ul style="list-style-type: none"> Fruit Wholegrain cereal, low in sugar Vegetable sticks Rice and corn cakes Wholegrain wheat crackers 	<ul style="list-style-type: none"> Tinned tuna or salmon in springwater Lean roast or grilled meats (e.g. beef, chicken, kangaroo) Falafel balls Lean meat or chicken patties Tinned tuna or salmon patties Lentil patties Lean deli meats (e.g. ham, silver-side, chicken) Baked eggs Baked beans (canned) Tofu cubes Hummus dip Lean meat or chicken kebabs sticks Peanut butter* Can serve with: <ul style="list-style-type: none"> Wholegrain sandwich roll, pita or wrap bread with salad Rice and corn cakes Wholegrain wheat crackers Side salad <ul style="list-style-type: none"> Vegetable fritters Savory chicken dumplings Savory muffins or scones (e.g. lean ham, cheese and thyme) Homemade pizza with lean roast or deli meats and vegetables Can serve with: <ul style="list-style-type: none"> Side salad Steamed or roasted vegetables 	MAINS <ul style="list-style-type: none"> Wraps Sandwiches Rolls Toasted sandwiches Tip: Use breads such as wholemeal, multigrain, rye, sourdough, pita, flat, corn, mountain, lavash, white fibre-enriched, soy and linseed, heta, naan, bagels, focaccia, fruit bread and English muffins. <ul style="list-style-type: none"> Pasta dishes Roux quinoa or couscous dishes Noodle dishes Sushi SAVORY BAKED ITEMS <ul style="list-style-type: none"> Homemade pizzas Wholemeal savory muffins or scones (e.g. ham, cheese and corn muffins) Vegetable based muffins Pasta or noodle bake SWEET BAKED ITEMS <ul style="list-style-type: none"> Fruit loaf Wholemeal fruit based muffins SHAKES <ul style="list-style-type: none"> High fibre, low sugar cereal (e.g. muesli) English muffins Crackers Crispbreads Rice cakes Corn thins Wholemeal scones Plekkets Crumpets Hot cross buns (no icing) 	<ul style="list-style-type: none"> Take a water bottle (for refilling throughout the day) Tip: <ul style="list-style-type: none"> Freeze overnight to keep foods cool in lunchbox <p>Sweet and savory snack foods (e.g. muesli/fruit/nut bars, biscuits, crisps, cakes, muffins, slices) should be limited in lunchboxes. They can lead to excess energy intake if consumed in large amounts.</p> <p>Sugar sweetened drinks and confectionery should not be provided in lunchboxes. They can lead to excess energy intake and tooth decay.</p>

For more information about healthy eating and for many tasty recipes, visit the the Healthy Eating Advisory Service: <http://haas.health.vic.gov.au/>



1 - We promote a healthy living and eating life style for all our children. The children learn all about what foods to eat in order to get the best out of our bodies and brains and become the best learners we can be. We would really appreciate the support from home in also promoting this message. Please do not put chocolate and high sugar/salt products in your children's lunch boxes. For some ideas and guidance please see the website and posters below:

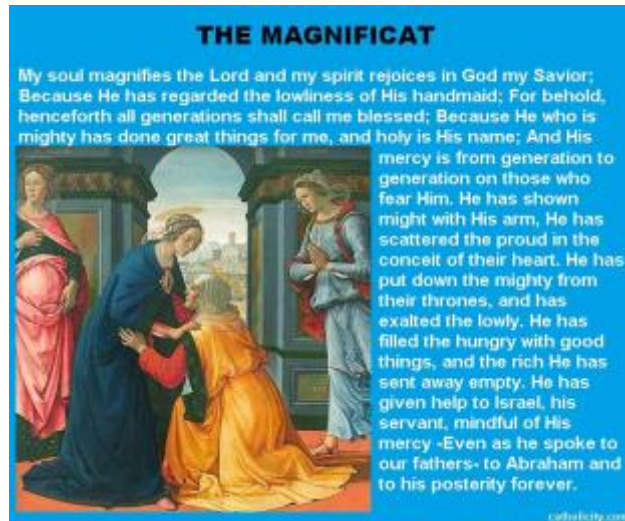
<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>

Virtual prayer group & Prayer of the week



At St Thomas Academy Trust, we are running a virtual prayer group, anonymously praying for our children, families and staff in the community. All staff, governors, parents/carers and parishioners are invited to be involved. If we have enough volunteers, it is hoped that each person would be asked to join the group twice a year. The group will meet at 7pm (lasting appx. 20 minutes) on the first Monday of each month. If you would like to be part of this prayer group, please email Nikki Tew at ntew@stanthonys.slough.sch.uk

The Magnificat is known as Mary's prayer. The month of May is traditionally dedicated to Mary. In the Magnificat, Mary tells us that God has done all these things for her, that he is the one to be praised and exalted for the wonders of his works in her. From now on, she will be called blessed by 'all generations' because of the Lord's favour for her.



Messages and Reminders



Uniform

To support families over the past few months, we made the decision to relax the uniform expectations during lockdown, as many clothing stores were closed. However, as stores have now reopened, we would like all children going forward, on the days they have PE, to wear either royal blue or black jogging bottoms and jumpers with their logo PE top and black trainers. The royal blue tracksuit can be ordered online through www.st-anthonys.re-schooluniform.co.uk and delivered for free to the school on a Wednesday.

Please note, no **leggings or alternative coloured jogging bottoms and no branded sportswear will be permitted.**

We would also like to remind you that the children should be wearing black shoes to school, on non-PE days and **not trainers.**

Government Guidance

We are continuing to monitor the Government recommendations in relation to social distancing, mask wearing and bubbles. We will re-evaluate our risk assessment over the coming weeks and will communicate with you about the coming half term. For now, we will continue with our current systems. Please ensure that your child is arriving on time for their learning; if children are late for school, they

miss vital early morning learning in their core subjects. Thank you for your continued support to ensure that your child arrives for school on time.

Birthday cakes/treats

Due to the pandemic we were unable to allow sweets or cakes to be handed out for birthdays. It has been decided that this will continue for the time being and be reviewed after half term.

Online courses

Thank you to all those parents who attended the online parent workshops this term. Staff successfully delivered workshops in reading, phonics, writing and maths, so that families can support their child's learning at home. We would like to remind you that these workshops were recorded by the staff delivering them and you can access these recordings by logging in to your child's Team's account. If you have any trouble accessing these, please do contact the office. We would like you to encourage you to watch these recordings and welcome your feedback.

Dunfield House meeting for parents

There will be a zoom meeting for parents of those in year 6 who are attending the Dunfield House residential trip on Monday 24th May at 5pm. The details have been emailed out to parents.

Lateness

If you are late dropping your child to school **please ensure you bring them to the office so that they can be signed in** and taken to their classroom. We have had a few incidents where parents have sent their children through the gate alone, after their start time and with no staff member present which is a safeguarding issue. Thank you for your support on this.

Illness

If your child is unwell and will not be attending school, please call this office after 8.30 am, select option 1 as specified, and leave a message stating the child's name, class and reason for absence, for example temperature, sickness, sore throat.

Breakfast Club

Breakfast club entry is at the Stafford gate at **8:15 prompt**.

Reception Reading books

Reception children will be bringing their reading books home every day going forward and these will need to come back in to school with them each day.

PTA & Events

We always welcome any help and support from our parents and with the restrictions slowly lifting we are hoping to arrange some events over the next term. If you are interested in getting involved, please contact the school office or talk to a member of staff.

RAPID COVID-19 TESTS NOW AVAILABLE FOR HOUSEHOLDS WITH CHILDREN OF SCHOOL AGE

Whole families and households with primary school, secondary school and college age children, including childcare and support bubbles, are now able to test themselves twice every week from home.

Rapid testing detects cases quickly – in under 30 minutes – meaning positive cases can isolate immediately. This can be the difference between children being able to stay in school, or a class being sent home due to an outbreak. It could also be the difference between a workplace having to close for a period, or being able to stay open and running.

How do I get home testing kits?

There are 3 different options on how you and your household can get tested: 1. Order kits to test your household by visiting <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests> 2. Find a local site to get tested at by visiting <https://maps.test-and-trace.nhs.uk/find-covid-19-rapid-test-sites> and entering your postcode to find your nearest testing site 3. Find a local site where you can collect tests by visiting <https://find-covid-19-rapid-test-sites.maps.test-and-trace.nhs.uk/> and entering your postcode to find your nearest collection site.

Please do not contact the school for home testing kits as they are only available by these 3 options. We do not hold any testing kits on school premises for our families.

#feedbackFriday

We would love to hear your feedback! It is so nice to talk to you on the gate and hear positive feedback.

Please email: catchup@stanthonys.slough.sch.uk with feedback and messages for our school, children, learning and community and it will be shared via Twitter on feedback Friday!

Its good to talk!

Times are hard for lots of us at the moment and there is no harm in admitting that and asking for help. Talking Therapies is a free NHS service here to support the residents of Berkshire aged 17+ who may be struggling with difficulties including: low mood, anxiety and stress at this unprecedented time.

If you are in need of support you can call the Talking Therapies admin team on 0300 365 2000, alternatively you can [Sign Up](#) via their website referral form.

Respecting staff members

Please remember how hard our staff members work for your children. There have been a few incidences recently where, unfortunately, our staff have been left feeling upset and embarrassed by unkind and unpleasant language and behaviour towards them at the gate. If you have any concerns, please do share them in a respectful manner with the office or SLT. Many thanks.

Safety at the gate in the morning

There is increasing concern being raised about the safety of children coming into school in the morning, where cars are pulling in to the school car park. Please wait on the grass or pavement either side of the gate and leave the gate clear for passing traffic. We want to make sure that children and adults are safe at all times, please support us with this.

Helmets

If your child is cycling to and from school it is imperative that they wear a helmet. We have had a lot of children not doing so over recent weeks and we cannot stress the importance of this enough.

Contact us



We always welcome your feedback and hope we can answer any questions you may have.

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